RAINCROSS BOXING ACADEMY

RULES & REGULATIONS

BEFORE YOU BOX - GO TO THE FRONT DESK

- ✓ Sign in and sign out
- ✓ Check in any non-boxing items (shoes, backpack, food, etc.)
- ✓ Check in/out any borrowed gear
- ✓ Direct parents/guests to the observation area. Parents/Guests are not allowed on the boxing floor. No coaching may be done from the observation area.

ON THE BOXING FLOOR

- ✓ Shirts must be worn on gym floor at all times.
- ✓ No cursing or foul language on the premises.
- ✓ Bring a clean towel and take it with you.
- ✓ Respect the property of others. Turn in anything that isn't yours.
- ✓ No food allowed on boxing floor. Please dispose of water bottles in the trash bins
- ✓ No sparring allowed without the permission/supervision of Management.
- Report to Management any medical conditions, use of any medications, or any sudden pain/discomfort.
- ✓ No excessive cell phone use or mingling with friends. You are here to TRAIN.

ETHICS & DISCIPLINE

- ✓ Do not use your newly acquired skills outside of the gym. We are not here to teach you to harm others.
- ✓ Lead a healthy and happy life. Make smart choices in your diet as well as your personal life. Be smart and safe.
- ✓ School Before Sports. As part of your membership, we ask that abide by the policy of the Tutoring Supervisor. Turn in all report cards and progress reports. WE ARE HERE TO HELP!

INFRACTIONS

- ✓ First Offense: 1 demerit
- ✓ Second Offense: 2 demerits
- ✓ Accumulation of 2 demerits for the same infraction will result in a 1-week suspension
- ✓ Continual infractions will result in dismissal from the premises

RAINCROSS BOXING ACADEMY MEMBERSHIP APPLICATION

APPLICANT INFORMATION

Name:			
Date of birth:	Email:	Phone:	
Current address:			
City:	State:	ZIP Code:	
Adult Youth (8-17 years) (Please circle)	School/Employer:		
EMERGENCY CONTACT/PARENT OR GUARDIAN INFORMATION/MEDICAL INFORMATION			
Name:			
Relationship:	Phone:	Email:	
Physician:			
City:	Phone:	Insurance:	
Prior Injuries or Medical Conditions (<i>include dates</i>):			
EXPERIENCE / BACKGROUND INFORMATION / GOALS			
Boxing Experience (<i>explain</i>):			
Boxing Goals (<i>explain</i>):			
STUDENTS ONLY	Current GPA:	Goals:	
Subjects that need tutoring assistance:			
GOALS OF THE RAINCROSS BOXING ACADEMY			
 I acknowledge and will adhere to the fulfillment of the following goals of the Raincross Boxing Academy: We will instruct in the Art of Boxing We will instill accountability in academics and physical fitness We will teach and perform the concept of community service We will encourage youth and develop self-esteem through a team that will focus on positive reinforcement Membership is contingent upon adherence to these goals. 			
Boxer Signature:		Date:	
Parent Signature (if minor):		Phone:	
WAIVER OF LIABILITY			
I (we), Individually (or as Parent/Guardian(s) if applicable), understand and appreciate that participation in sports carries a risk to the participant of serious injury, including permanent paralysis or death. I (we) voluntarily and knowingly recognize, accept, and assume this risk. I (We) agree to abide by the rules of RAINCROSS BOXING ACADEMY. I (We) fully understand that I (we) assume all responsibility for any injury that may incur in this boxing facility. I (We) understand and agree that medical or other services rendered to myself/youth by or at the instance of any of the named parties is not an admission of liability to provide or continue to provide any such services and is not a waiver by any of said parties of any right or rights hereunder. I (We) certify there has not been any injury to his/her hands, consisting of fractures or broken bones, or injuries to his head, including, but not limited to, concussions within three (3) months preceding the date of this consent form, that I/Youth has been seen by his/her physician and deemed to be in good health, and I (we) know of no other injuries that has been sustained which may reoccur in this boxing facility. Waiver I (We) (or as the Parent/Guardian of			
Boxer Signature:		Date:	
Parent Signature (if minor):		Date:	
PLEASE MAIL TO P.O. BOX 52353, RIVERSIDE, CA 92517 OR EMAIL TO INFO@RAINCROSSBOXINGACADEMY.COM WE WILL BE CONTACTING YOU WITHIN A WEEK OF RECEIPT OF THIS APPLICATION. THANK YOU!			

Release Form for Media Recording

I, the undersigned, (parent/guardian of that RAINCROSS BOXING ACADEMY, its employees, or ager photographs, videotape, or digital recordings of me to use these hereafter known, and exclusively for the purpose of boxing. If identity may be revealed therein or by descriptive text or comme	e in any and all media, now or urther consent that my name and
I do hereby release to RAINCROSS BOXING ACADEMY, its a to exhibit this work in print and electronic form publicly or prival waive any rights, claims, or interest I may have to control the whatever media used.	tely and to market and sell copies.
I understand that there will be no financial or other remuneration initial or subsequent transmission or playback.	on for recording me, either for
I also understand that RAINCROSS BOXING ACADEMY is no liability incurred as a result of my participation in this recording to any sickness or injury incurred as a result.	
I represent that I am at least 18 years of age, have read and us statement, and am competent to execute this agreement.	nderstand the foregoing
Name	
(Relationship to Youth, if applicable)	
Phone	
Address	
Signature	Date